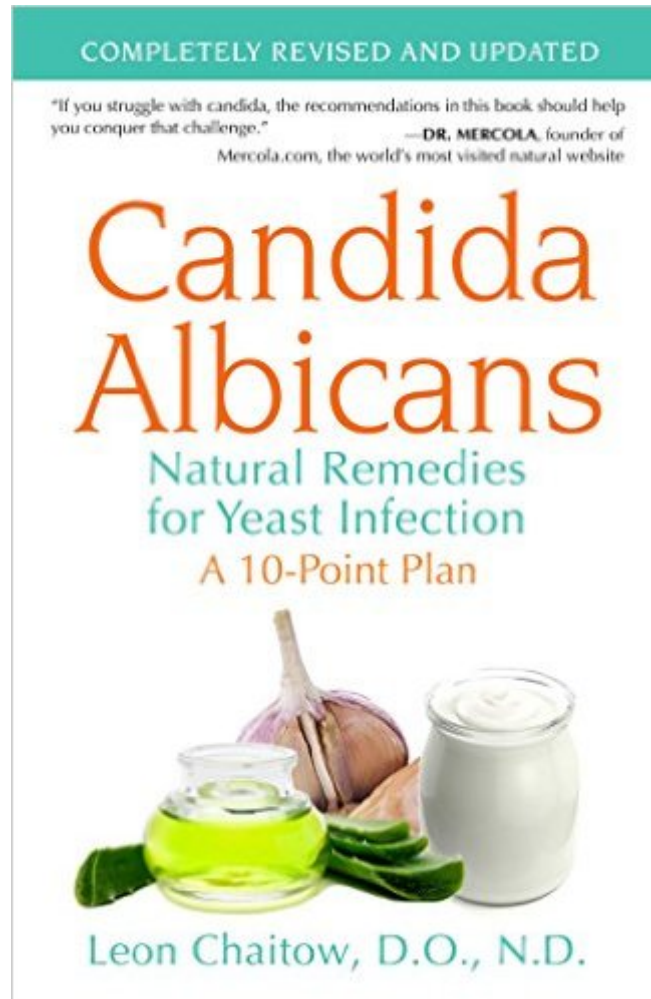


The book was found

# Candida Albicans: Natural Remedies For Yeast Infection



## Synopsis

A 10-point program to naturally treat yeast overgrowth, the root cause of countless chronic ailments

- Details a proven anti-Candida diet, enzymes and herbs to support it, detox methods, and immune-boosting strategies to rebuild and prevent future Candida overgrowth
- Explains how antibiotics, antacids, contraceptive pills, and steroids as well as a sugar-rich diet lead to Candida overgrowth within the body
- Reveals how Candida can contribute to a wide variety of physical and mental problems, from depression to irritable bowel syndrome and fibromyalgia

The yeast *Candida albicans* lives inside every one of us. Normally it presents no problems, but today's widespread use of broad-spectrum antibiotics, antacids, contraceptive pills, and steroids, as well as the all-too-common sugar-rich diet, can lead to a proliferation of this parasitic yeast within the body. Often overlooked by doctors, overgrowth of Candida has been linked to a wide variety of physical and mental problems such as:

- depression
- heartburn
- "brain fog"
- muscular pain
- anxiety
- irritable bowel syndrome (IBS)
- allergies
- menstrual problems
- irritability
- acne
- fibromyalgia
- bloating and constipation
- chronic fatigue
- migraine
- cystitis
- and more . . .

Using the latest research and his decades of clinical experience, Dr. Leon Chaitow explains how to recognize if yeast is your problem and offers a 10-point program for getting it back under control. He reveals how Candida overgrowth occurs and its connection to many common health problems. He explores how to control Candida naturally with enzymes and herbs as well as detailing a sugar-eliminating anti-Candida diet to

- starve
- existing yeast overgrowth in the body. He explains the importance of probiotics and bitters and how antibiotic treatment as well as inflammation disturbs the balance of normal
- friendly
- intestinal bacteria, allowing Candida to colonize the gut. Offering strategies for detoxing after controlling Candida and reducing inflammation, Dr. Chaitow also highlights the importance of rebuilding the immune system to enhance health and help prevent future Candida imbalances.

## Book Information

Paperback: 192 pages

Publisher: Healing Arts Press; 4 edition (September 24, 2016)

Language: English

ISBN-10: 1620555816

ISBN-13: 978-1620555811

Product Dimensions: 5 x 0.8 x 7.8 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Best Sellers Rank: #1,213,315 in Books (See Top 100 in Books) #58 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Candida #84 in Books > Medical Books > Medicine > Internal Medicine > Infectious Disease > Parasitology #1049 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic

[Download to continue reading...](#)

Candida Albicans: Natural Remedies for Yeast Infection The Yeast-Free Kitchen: Recipes to Help You Achieve Victory over the Yeast-Beast, Candida Albicans Candida: Killing So Sweetly: Proven Home Remedies to Conquer Fungus and Yeast Infection The Candida Albicans Yeast-Free Cookbook Candida Albicans: How to Fight an Exploding Epidemic of Yeast-Related Diseases (Good Health Guides Series) The Bible Cure for Candida and Yeast Infections: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) Infection Control and Management of Hazardous Materials for the Dental Team, 3e (INFECTION CONTROL & MGT/ HAZARDOUS MAT/ DENTAL TEAM ( MILLER)) Beyond the Yeast Connection: A How-To Guide to Curing Candida and Other Yeast-Related Conditions The Candida Albican Yeast-Free Cookbook : How Good Nutrition Can Help Fight the Epidemic of Yeast-Related Diseases The Candida Cure: Yeast, Fungus & Your Health - The 90-Day Program to Beat Candida & Restore Vibrant Health The Bible Cure Recipes for Overcoming Candida: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam)) The Yeast Connection and Women's Health (The Yeast Connection Series) The Yeast Connection Cookbook: A Guide to Good Nutrition, Better Health and Weight Management (The Yeast Connection Series) The Yeast Syndrome: How to Help Your Doctor Identify & Treat the Real Cause of Your Yeast-Related Illness The Yeast Connection Handbook: How Yeasts Can Make You Feel "Sick All Over" and the Steps You Need to Take to Regain Your Health (The Yeast Connection Series) Tired--So Tired! and the Yeast Connection (The Yeast Connection Series) Candida Cleanse: The 21-Day Diet to Beat Yeast and Feel Your Best Complete Candida Yeast Guidebook, Revised 2nd Edition: Everything You Need to Know About Prevention, Treatment & Diet How to Heal Yeast Infections Naturally: A Holistic Approach to Curing Candida Overgrowth The Candida Directory: The Comprehensive Guidebook to Yeast-Free Living

[Dmca](#)